



Suffield Middle School Lunch

February 2023

refresh. refuel. relax.

30

Mac & Cheese

31

**Chicken Parm
Sandwich**

1

**Beef or Chicken
Nachos**

2

**General Tso
Chicken**

3

**BBQ Rib
Grinder**

6

**Bosco Sticks
w/ Dipping
Sauce**

7

CELEBRATE GAME DAY

**BEEF & CHEESE
POTATO BOWL**

8

CELEBRATE GAME DAY

**BEEF & CHEESE
POTATO BOWL**

9

**Popcorn
Chicken Bowl**

10

**Chicken
Tender Sub**

13

**Hot Dog
Or Corn Dog**

14

**Double
Cheeseburger**

15

**Bosco Sticks w/
Dipping Sauce**

16

Meatball Sub

17

**No
School**

20

**No
School**

21

**No
School**

22

**Mexican Rice
Bowl**

23

**Loaded Baked
Potato**

24

**Beef or
Chicken
Nachos**

27

**Chicken
Tenders and
Fries**

28

**Tossed
Cheese Melt
Sandwich**

1

**Chicken
Quesadilla's**

2

**Early
Release**

3

**Early
Release**

Available Daily:

Premade deli sandwiches (ham, turkey or tuna)
Cheeseburger, hamburger, spicy or plain chicken sandwich
Assorted fresh fruits & veggies
1% Milk, chocolate or strawberry skim milk
Snacks, cookies and ice cream
Lunch includes entrée, milk, veggies, and/or fruit.

**If your child receives free or reduce lunch,
then they also qualify for free or reduce
breakfast.**