Town of Suffield

Suffield Parks & Recreation Department

Summer Programs 2016

Visit our Online Registration at SuffieldRec.com & also sign-up for periodic email notifications!

83 Mountain Road, Town Hall, **Lower Level**, Suffield, CT 06078

After June 7 - Suffield Parks & Recreation will move to the Town Annex - 97 Mountain Road, Suffield, CT 06078

Phone: 860-668-3862 • Fax: 860-668-3324
Online Registration: SuffieldRec.com
Town Website: suffieldtownhall.com

Office Hours:
Monday – Thursday, 8:00 a.m. – 4:30 p.m.
Friday, 8:00 a.m. – 1:00 p.m.

Welcome Message

Summer 2016

Welcome to the Suffield Parks & Recreation Department's Summer program brochure. We hope you find this brochure full of interesting and exciting opportunities for you and your family.

Summer is a great time for children to get out and play. Keep your child active, involved and entertained this summer by attending a Parks and Recreation summer camp. A camp experience is where a child can have fun, learn new skills, develop friendships and make lifetime memories.

Sunrise Park will play host to the Sunrise and Tween Day Camps. Children will learn about nature, the environment, learn how to swim, play a variety of games and outdoor sports, adventure activities, special events, along with creating arts & crafts.

Spaulding School will host a half-day morning camp for children ages 3 – 7. Morning Munchkins is specifically designed for children age three which is held in conjunction with Kid's Korner Camp, ages 4 – 7. Children will enjoy arts & crafts, parachute and water play, story time, games and special events.

Sports enthusiasts can have fun and learn more about baseball, softball, tee ball, basketball, tennis, or soccer while participating in these one week camps throughout the summer.

Visit our website for more activities and register early as these popular activities fill up quickly.

We welcome everyone to get out and about, explore our parks, open spaces and trails. Enjoy summer in Suffield!

Regards,
Wendy LaMontagne, *Director*

Department Staff

Director:

Wendy LaMontagne, C.P.R.P.

Recreation Supervisor:

Cindy M. Fisher

Special Programs Coordinator:

Donna Carney-Bastrzycki

Registration Clerk:

Pamela Cocca

Parks and Recreation Commissioners

Lou Casinghino, *Chairman*
Cindy Nicholson, *Vice Chairman*
Kerri H. Milne, *Clerk*
Jay Bombard
Leeayn Burke
Brian Casinghino
Amy Egan
David Rusnock
Scott Tobey

Suffield Parks & Recreation Mission Statement

To enhance the quality of life by providing a variety of affordable programs, quality parks, facilities and services to meet the needs of both passive and active recreation for Suffield's growing community.

Address:

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Suffield, CT 06078

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Cover photo: by, Donna Carney-Bastrzycki

brochure design: Sandy Taylor Graphic Design & Marketing | Suffield
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Summer Camps

Sunrise Day Camp – Entering Gr. 2 thru Gr. 5:

Leave your 'i-Gadgets' and 'techy toys' at home! You won't need them with all the outdoor fun at this interactive camp! Children will have good old fashion fun, show off their creativity with special events, talent shows and arts & crafts! Nature exploration, adventure games, sports and trendy children's activities will all be played daily and change weekly, all stressing team cooperation, acceptance and fun. There is a new theme each session to keep campers captivated all summer long. Free swim and basic swim stroke review will be part of this camp, contingent upon the hiring availability of certified waterfront staff. (This is not an American Red Cross sanctioned program). Call your friends, pack your backpack and head out to Sunrise Park for a memorable summer experience!!!

Session 1: **June 27 – July 8 (No camp, Monday, July 4)**
Session 2: **July 11– July 22**
Session 3: **July 25– August 5**

Registration closes on the following dates and/or earlier if enrollment reaches maximum capacity. Limited Enrollment.

For Session 1 - June 15, For Session 2 - July 6, For Session 3 - July 20

- **Dates:** See Above for Session Dates
- **Time:** 9:00 a.m. - 3:00 p.m.
- **Grades:** Entering 2 - 5 • **Location:** Sunrise Park
- **Fee:** Session 1 - **$178.00**, Discount 2nd child or more **$173.00** (Non-Res. **$188.00**)
  Session 2 - **$188.00**, Discount 2nd child or more **$183.00** (Non-Res. **$198.00**)
  Session 3 - **$188.00**, Discount 2nd child or more **$183.00** (Non-Res. **$198.00**)

Note: Discount Does Not Apply To Non-residents

All children should wear sneakers & socks and bring a lunch, drink, bathing suit and towel to camp daily. No open toe footwear. This outdoor camp will be held during the hot summer months. Remember to bring ample water and wear sun protection.

We invite parents/guardians to stay a few minutes on the first day of their session to meet the camp staff.

Tween Adventure Camp – Entering Gr. 6 thru Gr. 8:

This camp is filled with action packed adventures including: Team building games, scavenger hunts with cool prizes, geo caching, nature hikes, special events, water slide days and back by popular demand: Trips to the Suffield Academy Outdoor Leadership Center with ropes courses, climbing walls and awesome confidence building games! Don't be a couch potato this summer, call your friends and have a blast at Tween Adventure Camp! Free swim and basic swim stroke review will be part of this camp, contingent upon the hiring availability of certified waterfront staff. (This is not an American Red Cross sanctioned program).

- **Dates:** See to the left for Sunrise Day Camp for same Session Dates • **Time:** 9:00 a.m. - 3:00 p.m.
- **Location:** Sunrise Park
- **Fee:** **Session 1** - **$198.00**, Discount 2nd child or more **$193.00** (Non-Res. **$208.00**)
  Session 2 - **$203.00**, Discount 2nd child or more **$198.00** (Non-Res. **$213.00**)
  Session 3 - **$203.00**, Discount 2nd child or more **$198.00** (Non-Res. **$213.00**)

Note: Discount Does Not Apply To Non-residents

Each two week session will include:
Session 1: June 28: Suffield Academy Outdoor Leadership Center
Session 2: July 12: Suffield Academy Outdoor Leadership Center
Session 3: July 26: Suffield Academy Outdoor Leadership Center

Registration closes on the following dates and/or earlier if enrollment reaches maximum capacity. Limited Enrollment for all options.

For Session 1 - June 15, For Session 2 - July 6, For Session 3 - July 20

All tweens should wear sneakers & socks and bring a lunch, drink, bathing suit and towel to camp daily. No open toe footwear. This outdoor camp will be held during the hot summer months. Remember to bring ample water and wear sun protection.

We invite parents/guardians to stay a few minutes on the first day of their session to meet the camp staff.

Extended Day Fees For Sunrise Day & "Tween" Adventure Camp

Refer to Sunrise Day Camp and Tween Adventure Camp session dates. Extended Day hours of 8:00 - 9:00 a.m. & 3:00 - 5:00 p.m., Monday - Friday. Session 1: **$65.00** per child (Non Res. **$75.00**) for June 27- July 8, Session 2: **$65.00** per child (Non Res. **$75.00**) for July 11 – July 22, Session 3: **$65.00** per child (Non Res. **$75.00**) for July 25 – Aug 5. All fees per child per session (2 weeks) Registration closes on the following dates and/or earlier if enrollment reaches maximum capacity. Limited Enrollment. For Session 1 - June 15, For Session 2 - July 6, For Session 3 - July 20

Summer Camps

Kid's Korner / Morning Munchkins Camp - Age 3 thur Entering Grade 2

Is your child ready to have a great time this summer? Enroll them in our fun, interactive and educational camp! The Kid's Korner/Morning Munchkins Camp is an enriching program for children who have reached their 3rd birthday by the start of the session enrolled in (proof of age required-must be toilet trained) through those entering 2nd grade. The youngest group of camp is called The Morning Munchkins. Children are placed in groups according to proximity of age. Campers will enjoy a variety of activities including: arts and crafts, educational themes, parachute play, painting, water days, outdoor and indoor creative play, games, story time, scavenger hunts and family friendly event days. For a special treat popsicles are served every water day and special snacks are enjoyed on event days including ice-cream! There is a new theme each session to keep your child/ren captivated all summer long! At the end of each session, campers put on an interactive event day where parents and family are invited to attend. Snacks are served and much fun is had!

Session 1: June 27 – July 8 (No Camp Monday, July 4)
Session 2: July 11 – July 22
Session 3: July 25 – August 5

Registration closes on the following dates and/or earlier if enrollment reaches maximum capacity. Limited Enrollment. For Session 1: June 15, For Session 2: July 6, For Session 3: July 20

- **Dates:** See Above for Session Dates • **Time:** 9:15 a.m. - 12:00 p.m. • **Location:** Spaulding School
- **Fee:** Session 1 - **$158.00**, Discount 2nd child or more **$153.00** (Non Res. **$168.00**)
  Session 2 - **$163.00**, Discount 2nd child or more **$158.00** (Non Res. **$173.00**)
  Session 3 - **$163.00**, Discount 2nd child or more **$158.00** (Non Res. **$173.00**)
  Note: Discount Does Not Apply to Non Residents

This camp will be held during the hot summer months. Remember to bring ample water and wear sun protection.

We invite parents/guardians to stay a few minutes on the first day of their session to meet the camp staff.

Paint It Like Picasso Camp – Ages 4 – Entering Grade 1

Children will have a creative afternoon while painting a variety of fun projects with their friends. Campers will learn techniques of painting and learn about colors. Quality projects will be painted including: wood, glass, felt art and ceramic pieces. Included in the fee are: projects, paints, instruction and small snack. Each day the children will complete a variety of wonderful projects. Please have your child wear old clothes to this class as it can be messy!

Instructor: Morning Munchkins Camp Staff
Registration closes on Tuesday, July 5 and/or earlier if enrollment reaches maximum capacity.
Limited Enrollment.

- **Dates:** July 12, 13, 14 • **Days:** Tuesday, Wednesday & Thursday • **Time:** 12:30 - 2:30 p.m.
- **Ages:** 4 - Entering Grade 1
- **Location:** Spaulding School Cafeteria B • **Fee:** $60.00 per child • **Non-Res:** $70.00 per child

Summer Camps continued

Paint It Like Picasso Camp – Entering Grades 2 - 5

Campers will have a fabulous afternoon while painting many creative projects with their friends. A variety of projects including: ceramic mugs, wood items, vases, glass hearts and Felt Art will be painted and designed. Included in the fee are: projects, paints, instruction and small snack. Each day several quality pieces will be designed. Please have your child wear old clothes to this class as it can be messy!

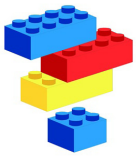
Instructor: Morning Munchkins Camp Staff
Registration closes on **Tuesday, July 5** and/or earlier if enrollment reaches maximum capacity. Limited enrollment.

- **Dates:** July 12, 13, 14
- **Days:** Tuesday, Wednesday & Thursday
- **Time:** 12:30 - 2:30 p.m.
- **Grades:** Entering Grades 2 - 5
- **Location:** Spaulding School Cafeteria B
- **Fee:** $60.00 per child • **Non-Res:** $70.00 per child

New! Girl Powered Engineering using LEGO® – Entering Grades 2 - 5

A NEW Play-Well offering for girls who love to build! Taught by women engineers and scientists, this camp will provide a supportive environment for girls to build engineer-designed projects such as skyscrapers, bridges, mazes and motorized cars. Explore the endless creative possibilities of the LEGO building system with the guidance of an experienced Play-Well instructor.

Instructor: Play-Well TEKnologies Staff



Registration closes on **Monday, July 11** and/or earlier if enrollment reaches maximum capacity. Limited enrollment.

- **Dates:** July 18 - 22 • **Days:** Monday - Friday
- **Time:** 8:15 a.m. - 11: 00 a.m. • **Grades:** Entering Grades 2 - 5 • **Location:** Spaulding School - Room #40 • **Fee:** $145.00 per person includes instruction, supplies and materials
- **Non-Res:** $155.00

Mine, Craft, Build using LEGO® - Entering Grades K - 2

Bring Minecraft to life using tens of thousands of LEGO®! Build engineer-designed projects such as a motorized Creeper, a portal to the Nether and a moving Minecart! Create your favorite Minecraft objects with the guidance of an experienced Play-Well instructor. Whether you are new to Minecraft and LEGO or a seasoned veteran, you'll be hooked on the endless creative possibilities.

Instructor: Play-Well TEKnologies Staff
Registration closes on **Monday, July 11** and/or earlier if enrollment reaches maximum capacity. Limited enrollment.

- **Dates:** July 18 - 22 • **Days:** Monday - Friday
- **Time:** 12:00 - 2:45 p.m. • **Ages:** Entering Grades K - 2 • **Location:** Spaulding School Room #40 • **Fee:** $145.00 per person includes instruction, supplies and materials
- **Non-Res:** $155.00

Crafty Creations Camp – Ages 4 - Entering Grades 1

Spend wonderful afternoons making cool creations with your friends. An assortment of enjoyable arts and crafts will be made - such as sun catchers, painting projects, Fuzzy Felt Art and more! Please wear appropriate clothes or bring a smock. This class is great for both boys and girls. A small snack will be provided.

Instructor: Kid's Korner/Morning Munchkins Camp Staff

Registration closes on **Tuesday, July 26** and/or earlier if enrollment reaches maximum capacity. Limited enrollment.

- **Dates:** August 2, 3, 4 • **Days:** Tuesday, Wednesday & Thursday
- **Time:** 12:30 – 2:30 p.m. • **Grades:** Ages 4 - Entering Grade 1 • **Location:** Spaulding School Cafeteria B • **Fee:** $60.00 per child
- **Non-Res:** $70.00 per child

Summer & Enrichment Camps

Crafty Creations Camp - Entering Grades 2 - 5

Spend fun afternoons making cool creations with your friends. An assortment of age-appropriate projects will be made including- sun catchers, sand art, Fuzzy Felt Art, Beads and much more! Please wear appropriate clothes or bring a smock. This class is great for both boys and girls. A small snack will be provided.

Instructor: Kid's Korner/Morning Munchkins Camp Staff

Registration closes on **Tuesday, July 26** and/or earlier if enrollment reaches maximum capacity. Limited enrollment.

- **Dates:** August 2, 3, 4 • **Days:** Tuesday, Wednesday & Thursday • **Time:** 12:30 - 2:30 p.m.
- **Ages:** Entering Grades 2 - 5
- **Location:** Spaulding School Cafeteria B
- **Fee:** $60.00 per child
- **Non-Res:** $70.00 per child

Enrichment Camps

Summer Enrichment camps will enhance children's learning in a fun environment. Some camps will have an additional materials fee, which will be paid to the instructor on the first day of the program.

Jungle Journey Art Ventures in the Rain Forest-Let's Gogh Art - Entering Grades K - 5

Art explorers take their inner artists for a walk in the rainforest and discover endangered creatures who live there. Lizards, poison dart frogs, bugs and butterflies, tigers and monkeys and more. Experience fabric design while tie-dyeing bandannas, making rainbow T-shirts, and printing on umbrellas. Sculpt animals out of clay, make bug boxes, create rainforest flowers, draw tigers, and paint ceramic flower pots shaped like sneakers. Discover stained glass and scratch art too. Fun facts about endangered animals and how to save the rainforest are included. GLITTER TATTOOS or FACE PAINTING add to this fun and imaginative week! Bring an oversized old T-shirt to wear as a smock, and a nut-free snack and a drink each day.

Instructor: Let's Gogh Art-Western MA/CT Staff

Registration closes on **Monday, August 1** and/or earlier if enrollment reaches maximum capacity. Limited enrollment

- **Dates:** August 8 - 12 • **Days:** Monday - Friday
- **Time:** 9:00 a.m. - 12:00 p.m.
- **Grades:** Entering Grades K - 5
- **Location:** Spaulding School Cafeteria B
- **Fee:** $145.00 per person includes instruction, supplies and materials • **Non-Res:** $155.00

Once Upon a Cake - Entering Grades 3 - 6

Get ready for more cake and cupcake decorating fun in this best-selling class! We'll review the basics of buttercream and piping techniques, and then explore the creative world of fondant. Daily edibles to take home will include cupcakes & cookies. You will learn the secret to creating those "bakery perfect" cupcakes. A final project of a decorated cake, completely designed by YOU will be part of our graduation. Don't miss out on this class to master new skills!

Children are responsible for bringing their decorating supplies to class each day clean and ready for use.

Instructor: Kim Guzzo

Registration closes on **Friday, July 8** and/or earlier if enrollment reaches maximum capacity. Limited enrollment.

- **Dates:** July 18 – July 22 • **Days:** Monday – Friday • **Time:** 8:30 a.m. – 11:30 a.m. • **Grades:** Entering 3 - 6
- **Location:** Middle School Home Economics Room • **Fee:** $70.00 *(additional materials fee $25.00 paid to instructor)* • **Non-Res:** $80.00 ***Note**: Additional materials fee includes piping bag & special decorating tips that become property of the student.

Enrichment & Athletic Camps

New! Kids' Classic Cooking & Healthy Habits - Entering Grades 2 - 6

In this fun, hands-on class children will learn basic cooking skills, food safety, equipment safety, basic measuring, food portions, nutrition education and more. Children will learn to master classic recipes such as grilled cheese, French toast, marinara sauce, baked chicken parmesan, and chocolate-covered strawberries. We will balance time in the kitchen with time spent being active including outdoor activities, games and exercise.

Instructor: Kim Guzzo

Registration closes on **Monday, July 18** and/or earlier if enrollment reaches maximum capacity. Limited enrollment.

- **Dates:** July 25 – July 29 • **Days:** Monday - Friday
- **Time:** 8:30 a.m. – 11:30 a.m • **Grades:** Entering 2 - 6
- **Location:** Middle School Home Economics Room
- **Fee:** $70.00 (additional materials fee $25.00 paid to instructor) • **Non-Res:** $80.00

Swim Lessons - 4 years old & up

Children will be tested on 1st day and grouped by their ability. Basic swim stroke review is part of this program and contingent upon the hiring availability of certified waterfront staff. (This is not an American Red Cross sanctioned program).

Registration closes on the following dates and/or earlier if enrollment reaches maximum capacity. Limited Enrollment. For Session 1: June 15, For Session 2: July 6, For Session 3: July 20

- **Days/Dates:** Session 1: June 27 - July 8 (No lessons July 4), Session 2: July 11- July 22, Session 3: July 25 – August 5
- **Time:** 12:30 - 1:00 p.m. (lessons held rain or shine)
- **Location:** White's Pond, Sunrise Park
- **Fee:** $50.00 per child Session 1 - (Non-Res $55.00)
  $55.00 per child per session for Session 2 - (Non-Res $65.00)
  $55.00 per child per session for Session 3 - (Non-Res $65.00)

Youth Pick-up Basketball

Children will play pick-up games, improve skills and have fun playing basketball on the lighted outdoor courts. This is a free drop in summer program and pre-registration is still required so that we may plan accordingly.

Instructor: Volunteer parent coaches of the Parks & Recreation Department Basketball program.

Registration closes on **Wednesday, June 15** and/or earlier if enrollment reaches maximum capacity. Limited enrollment.

- **Dates:** June 20, 27, July 11, 18, 25, August, 1, 8 (No program on July 4)
- **Day:** Mondays
- **Time:** Boys ages 11 & 12, 6:00 - 7:30 p.m. (court #1)
  Boys ages 13 & 14, 7:30 - 9:00 p.m. (court #1)
  Girls ages 11 – 14, 6:00 - 7:00 p.m. (court #2)
- **Ages:** 11 - 14 • **Location:** Family Recreation Complex – Outdoor courts behind McAlister School (if rain, meet in McAlister Gym)
- **Fee:** Free

Introduction to Swim - Ages 3 -5

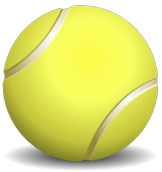
Children will be introduced to the water. This is a great class for children to become comfortable in the water. (This is not an American Red Cross sanctioned program.)

Registration closes on the following dates and/or earlier if enrollment reaches maximum capacity. Limited Enrollment. For Session 1: June 15, For Session 2: July 6, For Session 3: July 20

- **Days/Dates:** Session 1: June 27 - July 8 (No lessons July 4), Session 2: July 11- July 22, Session 3: July 25 – August 5
- **Time:** 12:30 - 1:00 p.m. (lessons held rain or shine)
- **Location:** White's Pond, Sunrise Park
- **Fee:** $50.00 per child Session 1 - (Non-Res $55.00)
  $55.00 per child per session for Session 2 - (Non-Res $65.00)
  $55.00 per child per session for Session 3 - (Non-Res $65.00)

Athletic Camps/Programs

Beginner/Intermediate Tennis Lessons - Ages 8 - 10 & 11 - 15



This course is for beginners and intermediates. Instruction provided will include backhand, forehand, serve and volleys. Children must bring their own racquet to lessons. During hot days, remember to bring ample water and wear sun protection.

Instructor: Tennis Sport for Life Staff

Registration closes on **Monday, June 27** and/or earlier if enrollment reaches maximum capacity. Limited enrollment

- **Dates:** July 6, 11, 13, 18, 20, 25, 27, August 1, 3
- **Days:** Monday & Wednesday
- **Time:** 4:00 p.m. - 5:00 p.m. - Ages 8 - 10
  5:00 p.m. - 6:00 p.m. - Ages 11 - 15
- **Location:** Family Recreation Complex Tennis Courts
- **Fee:** $70.00 per person • **Non-Res:** $80.00

Tennis Camp - Ages 6 - 18 (Coed)

The camp will cover fundamentals, drills, footwork, strategy, as well as match play in a fun atmosphere on modified and full size courts. Children must bring their own tennis racquet to camp each day. This camp will be conducted by Conrad McIntire, USPTA & PTR Certified Tennis Pro and staff. During hot days, remember to bring ample water and wear sun protection.

Registration closes on **Monday, July 18** and/or earlier if enrollment reaches maximum capacity. Limited enrollment

*If it is raining on first day, meet in the Suffield Middle School Gym.

- **Dates:** July 25 - July 29
- **Days:** Monday - Friday
- **Time:** 9:15 a.m. - 12:15 p.m.
- **Ages:** 6 - 18
- **Location:** Family Recreation Complex Tennis Courts (camp held rain or shine)
- **Fee:** $100.00 per child • **Non-Res:** $110.00

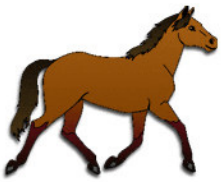
Tennis For Tots - Ages 3 -5

Join us on the mini courts. Program will consist of fun activities that will introduce tots to the sport of tennis. Children must be toilet-trained. Special small racquets and larger size balls will be provided and play will be on smaller courts and lower nets. The program will be directed by Conrad McIntire, certified tennis instructor with both the USPTA and PTR and staff.

Registration closes on **Monday, July 18** and/or earlier if enrollment reaches maximum capacity. Limited enrollment. During hot days, remember to bring ample water and wear sun protection.

*If it is raining on first day, meet in the Suffield Middle School Gym.

- **Dates:** July 25, 27, 29
- **Days:** Monday, Wednesday, Friday
- **Time:** 8:15 a.m. - 9:00 a.m. • **Ages:** 3 - 5
- **Location:** Family Recreation Complex - Mini Tennis Courts (camp held rain or shine)
- **Fee:** $45.00 per child (includes instruction & certificate) • **Non-Res:** $50.00



Horseback Riding - Ages 5 - 18

Beginner to Advanced riders. Will include daily riding lesson, tapes, lectures, video taping, guest speakers, stable management, fun and games. Wear jeans or riding pants, shoes with low heels. No sneakers or work boots with wide treads.
During hot days, remember to bring ample water and wear sun protection.

Instructor: End of Hunt Farms staff

Registration closes on **Thursday, June 30** and/or earlier if enrollment reaches maximum capacity. Limited enrollment

- **Dates:** July 11 - 15 • **Days:** Monday - Friday
- **Time:** 9:00 a.m. - 1:00 p.m. • **Ages:** 5 - 18
- **Location:** End of Hunt Farms, 1360 Hill Street
- **Fee:** $280.00 per child • **Non-Res:** $290.00

Athletic Camps/Programs continued

Bob Cressotti's Teeball Clinic - Ages 4 - 6 (Coed)

This clinic will introduce the fundamentals of baseball and softball. Skill stations will be used for hitting, throwing, catching, fielding, and base running. Fun games and activities are incorporated during the week of instruction. During hot days, remember to bring ample water and wear sun protection.

Instructor: Bob Cressotti and staff

Registration closes on **Thursday, June 30** and/or earlier if enrollment reaches maximum capacity. Limited enrollment.

- **Dates:** July 11 - 15 • **Days:** Monday - Friday
- **Time:** 9:00 - 10:15 a.m. • **Ages:** 4 - 6
- **Location:** Bruce Park Softball Field #3 (rain or shine, meet at Pavilion if raining)
- **Fee:** $60.00 includes instruction and a t-shirt
- **Non-Res:** $70.00

Register Early For Camps and Programs!

Reasons to Register Early! *Many camps and programs are very popular and people know that in order to get a spot, they need to register early. But there are also reasons to register early for programs that don't usually fill up. All of our programs are self supporting and we must reach minimum enrollment for a class to run. There is a point (usually about one week before the program is due to start) that a program must be canceled if there aren't enough people registered. Very often people look to register after the program has been canceled, and if the registrations were done earlier, in many cases, the program would have run.* **So, if you know you want to take a camp or class, please register early.**

Bob Cressotti's Baseball/Softball Clinic - Grades 2 - 8 (Coed)

Participants will be taught baseball and softball skills through specific fundamental and skill stations. Please bring your own glove and bat each day. Baseball and softball participants will be separated by sport. During hot days, remember to bring ample water and wear sun protection.

Instructor: Bob Cressotti and staff

Registration closes on **Thursday, June 30** and/or earlier if enrollment reaches maximum capacity. Limited enrollment

- **Dates:** July 11 - 15 • **Days:** Monday - Friday
- **Time:** 9:00 a.m. - 12:00 p.m.
- **Grades:** Entering Grades 2 - 8
- **Location:** Bruce Park Baseball #1 & Bruce Park Softball #3 (Rain or shine, meet at Pavilion if raining)
- **Fee:** $105.00 1st child - Discount $100.00 for second child or more (includes t-shirt)
- **Non-Res:** $115.00 (Discount does not apply to non-resident)

For Any Weather and Program Related Information:

Call the Parks & Recreation Office for cancellation information, 860-668-3862 (*press 2*) for a recorded announcement.

Athletic Camps/Programs continued

Basketball World Clinic - Entering Grades 3 - 5 & Grades 6 - 8 (Coed)

Children will learn basketball skills, techniques and drills in a fun camp atmosphere. They will enhance their shooting, dribbling, passing, ball handling, rebounding/blocking out, defense and individual offensive moves, including moving without the ball. Campers will expand upon their skills and play games. Balls will be provided on site for children to use. During hot days, remember to bring ample water.

Instructor: Scott Wissel, Co-Director of Basketball World Clinics/NBA Advance Scout for L.A. Lakers, and his Staff

Registration closes on Monday, July 11 and/or earlier if enrollment reaches maximum capacity. Limited enrollment

- **Dates:** July 18 - 22 • **Days:** Monday - Friday • **Time:** 9:00 - 11:45 a.m. • **Grades:** 3 – 8 Coed
- **Location:** Suffield Middle School Gym • **Fee:** $105.00 includes T-shirt, instruction and skills booklet. • **Non-Res:** $115.00

YESsoccer Camp - Grades K - 8 (Coed)

Registration for Soccer Camp is directly with YESsoccer at www.yessoccer.net

Learn new skills and techniques from highly qualified international coaching staff, while making new friends and having fun. As YESsoccer is a Green Company, all 2016 registrations will be taken online for the YESsoccer Camp at www.yessoccer.net. During hot days, remember to bring ample water and wear sun protection.

Instructor: YESsoccer International Staff

- **Dates:** August 15 - 19 • **Days:** Monday - Friday • **Time:** Grades 1 - 8: 9:00 a.m. - 12:00 p.m. (Coed), Kindergarten: 9:00 - 10:30 a.m. (Coed) • **Location:** Bruce Park (Camp is held rain or shine, meet at Pavilion if raining)
- **Fee:** Grades 1 - 8: $106.00, includes camp tee-shirt and ball. • **Non-Res:** $116.00
  Kindergarten: $75.00, includes camp tee-shirt and ball. • **Non-Res:** $85.00

Soccer Referees Needed

Students interested in refereeing for the Fall Soccer season should submit an application by Friday, July 29. Applications may be downloaded from the Department Info – Forms section of the department web site. (suffieldrec.com) Minimum age requirement to referee is 12 years old by August 12, 2016.

Fall Soccer - Entering Grades K - 8

The registration period for the Fall Soccer program is **July 1 – July 31**. Registration information will be available on **July 1** at:

- www.suffieldrec.com (on-line registration)
- Parks and Recreation Office
- Town Web site – suffieldtownhall.com
- School Web site - Virtual Back Pack

The recreational soccer program is for boys and girls entering grades Kindergarten through Eight. The program is designed to teach fundamentals in a non-competitive atmosphere. Program is held on weeknights and Saturdays beginning September. **Volunteer coaches are welcome!**

Trips - 2016

The Suffield Parks & Recreation Department in conjunction with the Granby and East Granby Recreation Departments is sponsoring the following trips. All bus trips are on a first come, first paid basis and there are no refunds for trips unless a specific trip is canceled. Cost for trips is non-refundable but transferable to another person plus an additional registration fee. Everyone must pay the full price, no discounts apply. On rare occasions the bus company may cancel a trip due to severe weather conditions. All bus trips have scheduled departure and return times that are strictly followed. It is your responsibility to be at the bus on time, going to and from your trip destination. Customers who miss the bus on the scheduled departure time will be responsible for arranging and financing their own transportation. You must depart from the Town in which you register.

NO ASSIGNED SEATS. WE ARE NOT RESPONSIBLE FOR YOUR RETURN TRIP IF YOU ARE NOT AT THE DESIGNATED PICKUP LOCATION ON TIME!

Upcoming Trips:

Saratoga, N.Y. – *Enjoy a day at the Races.* – Date & details to come.

Hudson Valley "Garlic Festival" – **Saturday, October 1**– *Enjoy a fall day in October at this New York Festival.*

New York City On Your Own - Saturday, October 8

The cost is $40.00 per person and includes:

- Round Trip Bus Transportation & Taxes
- **Departs:** Suffield Middle School Parking Lot at 7:30 a.m. • **Departs:** New York at 7:00 p.m.

Meals are on your own. Registration closes on **Monday, September 26** and/or earlier if enrollment reaches maximum capacity. Limited enrollment.

New York City On Your Own - Saturday, December 3

The cost is $40.00 per person and includes:

- Round Trip Bus Transportation & Taxes
- **Departs:** Suffield Middle School Parking Lot at 7:30 a.m. • **Departs:** New York at 7:00 p.m.

Meals are on your own. Registration closes on **Tuesday, November 15** and/or earlier if enrollment reaches maximum capacity. Limited enrollment.

Adult Programs

New!

Natural Lawn/Garden Care Workshop

Are you interested in learning new ways to keep your lawn and garden looking great naturally? This workshop is for you! Learn ways to get your lawn in shape without using chemical fertilizers or pesticides.

Instructor: Aimee Petras - Education and Outreach Coordinator, Farmington River Watershed

Registration closes on **Monday, June 27** and/or earlier if enrollment reaches maximum capacity. Limited enrollment.

- **Dates:** June 29 • **Days:** Wednesday
- **Time:** 6:00 - 8:00 p.m. • **Ages:** Adult (high school students interested in gardening are welcome) • **Location:** Suffield Town Hall - Lower Level • **Fee:** FREE (please pre-register)

Fit-Kit - Rebounding

This fit - kit class will consist of a combination of both kickboxing and Mat Pilates. This fused class will give you a strong core as well as a complete cardiovascular workout. The stronger your core the stronger your kicks and punches. In reality you will not only strengthen your core you will get your cardio in and learn self-defense moves! Perfect combo to add to your workout routine.

Instructor: Lisa Jordan / Owner of Superior Fitness.

Registration closes on **Tuesday, July 5** and/or earlier if enrollment reaches maximum capacity. Limited Enrollment.

- **Dates:** July 11, 18, 25, August 1, 8, 22
- **Days:** Monday • **Time:** 6:30 - 7:15p.m.
- **Ages:** 18 and up • **Location:** Superior Fitness, 880 Burbank Ave. Suffield
- **Fee:** $55.00

Adult Programs continued & Info.

Group Strength Express

This 30 minute, low impact class lets you use your entire body for a strength and conditioning workout while using free weights, resistance bands, pilate machines and more. This class offers a great workout to kick start your morning and keep you motivated all day long! All levels welcome.

Instructor: Lisa Jordan / Owner of Superior Fitness.

Registration closes on **Tuesday, July 5** and/or earlier if enrollment reaches maximum capacity. Limited Enrollment.

- **Dates:** July 13, 20, August 3, 10, 24, 31
- **Days:** Wednesday • **Time:** 5:45 a.m. - 6:15 a.m.
- **Ages:** 18 and up • **Location:** Superior Fitness, 880 Burbank Ave. Suffield
- **Fee:** $40.00

Group Core & More

This 30 minute class will concentrate on your abs, lower back and glutes. These three muscle groups make up your "powerhouse" which is in charge of all your movement. This class will help you have a stronger, injury free body! This is an all level class. Intensity will vary upon the necessity of the individual.

Instructor: Lisa Jordan / Owner of Superior Fitness.

Registration closes on **Tuesday, July 5** and/or earlier if enrollment reaches maximum capacity. Limited Enrollment.

- **Dates:** July 8, 15, 22, 29, August 5, 12
- **Days:** Friday • **Time:** 8:00 - 8:30 a.m.
- **Ages:** 18 and up • **Location:** Superior Fitness, 880 Burbank Ave. Suffield
- **Fee:** $40.00

☞ Save the Dates:

- **10K Road Race & 5K Run - Saturday, September 10**
- **Girls Field Hockey - Fall - Grades 3 - 5**

Learn the skills and fundamentals of the sport while having fun. For Grades 3 - 5. **Program will begin in September.** Look for registration information at suffieldrec.com at the start of the school session.

Suffield Parks Information:

Suffield Family Recreation Complex: 350 Mountain Road *(behind McAlister School)* • Suffield, CT

- 3 Tennis Courts regulation size & one blended 60' lines
- 2 Basketball Courts - 1 Sand Volleyball Court
- 4 small scale youth courts & nets
- Lighted courts until 10:00 p.m.

Bruce Park Pavilion: 945 Mountain Road *(behind Spaulding School)* • West Suffield, CT

Picnic at the Pavilion this year, located in the center of the Picnic Grove. Group reservations (20 or more) for the Pavilion may be made by calling the Parks & Recreation Office at 860-668-3862.

Sunrise Park: 2075 Mountain Road • West Suffield, CT

Located on Mountain Road, this twenty acre park includes hiking the Metacomet Trail, picnicking, horseshoes, volleyball, swimming and an enclosed pavilion. Park stickers are available to town residents free of charge at the Town Clerk's Office or from the Park Superintendant by calling 860-668-3846.

Registration Information

Easy ways to register for a program.

1. ON-LINE, register at **suffieldrec.com** with a credit card. Create a new account and follow the easy steps that will provide us with names, phone numbers, emergency contacts, allergy information…online registration will allow you to conveniently register for programs.

2. You may still pay by cash or check, but you must first set up a household account on-line to initiate this form of payment and procedure.

- Create a household account, at check out time, click on form of payment (Cash or Check).
- Print out invoice and mail or drop off final payment to Parks & Recreation Office, 83 Mountain Road, Suffield.

☞ **(Note: Suffield Parks & Recreation Office is moving to the Town Annex - 97 Mountain Road, Suffield - after June 7, 2016)**

Programs are for Suffield residents and for certain programs, non-residents. Non-resident registration will be accepted at an additional fee. Suffield residents will receive first priority in the registration process. Children must be of the correct age or corresponding grade level to participate in programs. Special considerations may be made for children on a case by case situation. Programs have limited enrollment. The Department reserves the right to set a maximum for each program and to cancel a program due to insufficient enrollment. No unregistered person may attend a program. No on-site registrations. Your early registration helps us make the decision to run the program.

For payments that are mailed, we recommend you call the office to verify receipt. A mail box is located at the lower entrance to Town Hall for customers who need to conduct business before or after our scheduled office hours. This mail box will be located at 97 Mountain Road, Front Door entrance after June 7. There will be a fee of $10.00 for checks returned for insufficient funds. Please plan your selections in advance. Any change or modification to your initial registration will incur a $10.00 processing fee.

Reasons to Register Early! Many programs are very popular and people know that in order to get a spot, they need to register early. But there are also reasons to register early for programs that don't usually fill up. All of our programs are self-supporting and we must reach minimum enrollment for it to run. There is a point (usually about one week before the program is due to start) that a program must be canceled if there aren't enough people registered. Very often people look to register after the program has been canceled, and if the registrations were done earlier, in many cases, the program would have run. So, if you know you want to join a program, please register early.

General Information: Children must be of the correct age or corresponding grade level to participate in specific programs. Special considerations may be made for children on a case by case situation. Children will be placed in groups accordingly by Parks & Recreation staff, please no special requests. Please mark your calendars with dates of programs your child is registered for – you will not receive a call to remind you of your child's enrollment. Check your email. Your program receipt will have this information on it. All programs are based on a limited enrollment - either deadline date and/or when program reaches capacity. Please register early to ensure that you have a spot and that the programs are not canceled for insufficient enrollment.

Camp and Program Policy: Suffield Parks & Recreation Department has the right to and will dismiss any child from a camp or program who is disruptive to the group. No refunds will be given.

Suffield Emergency Aid Association: The Emergency Aid Association has limited funds available to subsidize camp participation for eligible residents. Call the Emergency Aide Association at 860-668-1986 for more information or to apply.

CANCELLATIONS

Cancellations or weather related changes will be announced on the department phone system, call 860-668-3862, press 2 for a recorded announcement.

REFUND POLICY

All programs are based on a limited enrollment – either deadline date or when program is full – please register early to ensure that you have a spot and that the programs are not canceled. If the Parks & Recreation Office is notified 5 business days prior to the start of the program, all but 25% of the program fee will be refunded. No refunds once program starts.

We reserve the right to cancel or consolidate programs based on registrations. Full refunds are given for any canceled programs.

Sports Information & Other Info

For these large scale programs we plan in advance. PLEASE MARK your calendars and plan accordingly. Call us at 860-668-3862 for other year round programs.

Program:	Register In:	Program Begins:
Softball	**March**	**Mid April**
Tee Ball	**March**	**Mid April**
Summer Camps	**Mid April**	**Late June - August**
Soccer	**July**	**Late August**
Field Hockey	**Late August**	**September**
Basketball	**October - November**	**Early January**

Other Organizations outside of the Parks & Recreation Department that offer athletic opportunities for the youth:

Football:
Contact, Dino Puia, 860-573-7008

Ice Hockey:
Contact, Mike Tenczar, 860-668-1365
Paul Faulkner *(Hockey Stars)* 860-651-5400 X27

Suffield Travel Basketball:
Contact, Jim Dion, 860-668-7099

Suffield Little League:
Contact, Paul Mandirola
president@suffieldlittleleague.com

Suffield Lacrosse League:
Contact, Will Masi
wmasi2000@yahoo.com

Suffield Travel Soccer Club:
Contact, Tim Lewis
ta1017@cox.net

Swimming:
Contact, Kathy Henaghan,
860-627-0062 *(Water Jets)*
Jon Levine, 860-653-9135 *(Aquabears)*

Youth Wrestling:
Contact, Jim Romano, 860-965-5606
jamesromano1@gmail.com

Please contact these numbers when referring to any of the above mentioned programs.
The Parks & Recreation Department is not affiliated with these organizations.

The Parks & Recreation Department is moving to:
97 Mountain Road (the Town Annex building)
Visit us After June 7 at this new location.

Suffield Parks & Recreation Department

83 Mountain Road, Town Hall, **Lower Level**, Suffield, CT 06078

After June 7 - Suffield Parks & Recreation will move to the Town Annex - 97 Mountain Road, Suffield, CT 06078

Phone: 860-668-3862 • Fax: 860-668-3324

Online Registration: SuffieldRec.com

Town Website: suffieldtownhall.com

Office Hours:

Monday – Thursday, 8:00 a.m. – 4:30 p.m.

Friday, 8:00 a.m. – 1:00 p.m.